

LAI

Lipid Association
of India



INTERNATIONAL
ATHEROSCLEROSIS
SOCIETY

LAICON NATIONAL 2026

MARCH 7-8
HYDERABAD

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



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SCIENTIFIC PROGRAM

MARCH 07, 2026 | DAY 01

TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 1 (10:00 AM TO 10:30 AM)			
10:00 – 10:10 AM	INAUGURATION	S S IYENGAR	
10:10 – 10:20 AM	KEYNOTE ADDRESS	SARAT CHANDRA	
10:20 – 10:30 AM	LAI ACHIEVEMENTS	SADANAND SHETTY	
SESSION 2 (10:30 AM TO 12:15 PM)			
UNDERSTANDING RESIDUAL CARDIOVASCULAR RISK IN INDIANS: GENETICS, LIPOPROTEINS, AND RISK MODIFIERS			
CHAIRPERSONS: SADANAND SHETTY & KRISHNAM RAJU			
10:30 – 10:40 AM	CAD INDIAN SCENARIO	RASHMI	G B SATTUR
10:40 – 10:55 AM	DIAGNOSING GENETIC DYSLIPIDEMIA: ARE THEY COMMON	BARTON P DUELL	DEVAKI NAIR
10:55 – 11:10 AM	CONCEPT OF RISK MODIFIERS AND ASCVD	D PRABHAKAR	A K PANDEY
11:10 – 11:25 AM	FROM REMNANTS TO PLAQUE: HOW TRIGLYCERIDES FUEL ATHEROSCLEROSIS	SOUMITRA KUMAR	RAJEEV AGARWAL
11:25 – 11:40 AM	HDL-C IN CAD PREVENTION: DEAD HORSE OR SLEEPING GIANT?	SARAT CHANDRA	V SURYAPRAKASH RAO
11:40 – 11:55 AM	OPTIONS UNMASKING LIPOPROTEIN(A): THE OVERLOOKED CONTRIBUTOR TO CARDIOVASCULAR RESIDUAL RISK	NATHAN D WONG	P C MANORIA
11:55 – 12:15 PM	DISCUSSION		
12:15 – 12:35 PM	TEA BREAK		

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TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 3 (12:35 PM TO 1:35 PM), PATHOGENESIS			
CHAIRPERSONS: DAYASAGAR RAO & K SARAT CHANDRA			
12:35 – 12:50 PM	FROM PLAQUE TO PLAQUE RUPTURE: THE CENTRAL ROLE OF INFLAMMATION IN CAD	MANISH BANSAL	BARTON P DUELL
12:50 – 01:05 PM	UNMASKING THE THREAT: SUBCLINICAL ATHEROSCLEROSIS AS A PREDICTOR OF FUTURE CARDIOVASCULAR EVENTS.	RAVI KASLIWAL	JYOTSNA. M
01:05 – 01:20 PM	RELEVANCE OF CORONARY CALCIUM SCORE IN INDIAN POPULATION: DO WESTERN THRESHOLDS APPLY?	RAJEEV AGARWAL	RAJENDRA KUMAR JAIN
01:20 – 01:35 PM	DISCUSSION		
01:35 – 02:00 PM	LUNCH BREAK		
SESSION 4 (02:00 PM TO 03:30 PM) CONTEMPORARY LIPID-LOWERING THERAPIES: EVIDENCE, INNOVATION, AND CLINICAL DECISION-MAKING			
CHAIRPERSONS: SADANAND SHETTY & SAI SATISH			
02:00 – 02:15 PM	THE NOCEBO EFFECT AND STATIN-ASSOCIATED MUSCLE SYMPTOMS: STRATEGIES FOR DIAGNOSIS AND TREATMENT MANAGEMENT	MUKESH RAO	SHANTANU SENGUPTA
02:15 – 02:30 PM	SHORT REVIEW ON NEWER ORAL LIPID LOWERING DRUGS	SRINIVAS RAMAKA	P A JIWANI
02:30 – 02:45 PM	MANAGING LIPIDS IN THE ERA OF PCSK9 INHIBITION SiRNA	DAYASAGAR RAO	G RAMESH
02:45 – 03:00 PM	DO ALL CVD PATIENTS NEED ICOSAPENT ETHYL? EVIDENCE-BASED ANSWERS	DILIP GUDE	HAIDER KHAN
03:00 – 03:30 PM	DISCUSSION		

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TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 5 (03:30 PM TO 04:35 PM) DYSLIPIDAEMIA IN SPECIAL SITUATIONS			
CHAIRPERSONS: DEVAKI NAIR & PREETI GUPTA SADANAND SHETTY			
03:30 – 03:45 PM	LIPID MANAGEMENT IN PREGNANCY: BALANCING RISKS AND SAFETY	DEVAKI NAIR	PARTH STHAPAK
03:45 – 04:00 PM	LIPIDS IN CHILDREN “WHEN AND HOW TO MONITOR”	PANKAJ JARIWALA	KMK REDDY
04:00 – 04:15 PM	DISCUSSION		
04:15 – 04:35 PM	TEA BREAK		
SESSION 6 (04:35 PM TO 05:20 PM) SESSION ON LIPOPROTEIN APHERESIS LAI FUTURE PLANS / STUDIES			
CHAIRPERSONS: SASHIKANTH & MANISH BANSAL			
04:35 – 04:50 PM	LIPOPROTEIN APHERESIS: A REVIEW OF CLINICAL OUTCOMES AND FUTURE PERSPECTIVES	BARTON P DUELL	DAYASAGAR RAO
04:50 – 05:05 PM	WHY WE NEED LIPOPROTEIN APHERESIS CENTRES IN INDIA—	S. S. IYENGAR	D J DUTTA
05:05 – 05:20 PM	DISCUSSION		

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TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 7 (05:20 PM TO 7:15 PM) WHAT IS NEW FROM LAI			
CHAIRPERSONS: S S IYENGAR & BARTON P DUELL			
05:20 – 05:30 PM	LAI EFFICACY TRIAL	P C MANORIA	NEIL BORDOLOI
05:30 – 05:40 PM	LAI EARLY ACS TRIAL	VIMAL MEHTA	DEBAMALLYA BHUYAM
05:40 – 05:50 PM	LAI- LCARE STUDY	MANISH BANSAL	AMIT MUNZAL
05:50 – 06:00 PM	LAI PRECAD STUDY	GEEVER ZACHARIAH	AWADHESH KR SHARMA
06:00 – 06:10 PM	LAI REACT STUDY (1 YEAR FOLLOW UP)	AZIZ KHAN	PRABHAT PANDEY
06:10 – 06:20 PM	LAI APRICOT STUDY	VITULL GUPTA	MILAN CHAG
06:20 – 06:30 PM	LAI SARRAL STUDY	SHILPA KADAM	R SWETHA SREE RAVI
06:30 – 07:15 PM	DISCUSSION		
07.15 PM ONWARDS	DINNER		

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MARCH 08, 2026 | DAY 02

TIME	TOPIC	SPEAKERS	PANELLISTS
CASE-BASED DISCUSSION: FOUR CASES (10 MINS EACH)			
MANAGING COMPLEX DYSLIPIDEMIAS: FROM STATIN INTOLERANCE TO LIPOPROTEIN(A)			
SESSION 1 (10:00 AM TO 11:00 AM)			
CHAIRPERSONS: SADANAND SHETTY & P C RATH			
10:00 – 10:10 AM	STATIN INTOLERANCE	NATHAN WONG	KAPARDHI
10:10 – 10:20 AM	FAMILIAL HYPERCHOLESTEROLEMIA	DEVAKI NAIR	VASANTH KUMAR
10:20 – 10:30 AM	HYPERTRIGLYCERIDEMIA	BARTON P DUELL	NARSA RAJU
10:30 – 11:40 AM	LIPOPROTEIN(A): THE HIDDEN CARDIOVASCULAR RISK BEYOND LDL-C	KAPARDHI	HYGRIV RAO
10:40 – 11:00 AM	DISCUSSION		
SESSION 2 (11.11 AM TO 01:50 PM)			
KEY UPDATES FROM LAI EXPERT RECOMMENDATIONS:			
CHAIRPERSONS: RAJENDRA KUMAR JAIN & TNC PADMANABHAN			
11:00 – 11:15 AM	WHY DO WE NEED INDIAN-SPECIFIC LIPID GUIDELINES?	RAMAN PURI	RAMA KUMARI
11:15 – 11:30 AM	MANAGING DYSLIPIDEMIA IN DIABETES: AN INTEGRATED APPROACH	S N NARASINGAN	SURYA PRAKASH RAO
11:30 – 11:45 AM	ACUTE CORONARY SYNDROME: MONOTHERAPY OR COMBINATION LIPID-LOWERING THERAPY?	VIMAL MEHTA	C RAGHU
11:45 – 12:00 PM	LIFESTYLE INTERVENTION: THE FIRST PILLAR OF DYSLIPIDEMIA MANAGEMENT	CHARANJIT SINGH	PRAMOD KUMAR
12:00 – 12:15 PM	DYSLIPIDEMIA IN CHRONIC KIDNEY DISEASE: CHALLENGES AND STRATEGIES	DEV DUTT CHAFFEKAR	GIRISH KUMTHERKAR
12:15 – 12:30 PM	STATINS AND HEART FAILURE	ADITYA KAPOOR	RINCHIN DORJEE
12:30 – 01:00 PM	DISCUSSION		

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MARCH 08, 2026 | DAY 02

TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 3 (01:00 To 1:25 PM) BHARAT-RISK			
CHAIRPERSONS: NATHAN D WONG & VINOD VIJAN			
01:00 – 01:25 PM	LAI ASCVD RISK CALCULATOR	RAMAN PURI	
01:25 – 02:00 PM	LUNCH BREAK		
SESSION 4 (02:00 To 02:45 PM) BEYOND LDL-C: IS IT TIME TO SHIFT THE PRIMARY LIPID TARGET?			
CHAIRPERSONS: SRIDHAR KASTURI & M. JYOTSNA			
02:00 – 02:30 PM (10 MIN EACH)	LDL-C NON-HDL-C APOB: WHICH IS THE BEST PRIMARY TARGET?	AKSHAYA PRADHAN S N NARASINGAN S S IYENGAR	DAYASAGAR RAO SADANAND SHETTY BARTON P DUELL
02:30 – 02:45	DISCUSSION		

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TIME	TOPIC	SPEAKERS	PANELLISTS
	SESSION 5 (02:45 – 05:15 PM) CONTEMPORARY CONTROVERSIES AND EMERGING CHALLENGES IN LIPIDOLOGY		
	CHAIRPERSONS: SADANAND SHETTY & VASANTH KUMAR		
2:45 – 03:00 PM	REDUCE IT TRIAL PROS AND CON	K H SRINIVAS	DILIP GUDE
03:00 – 03:15PM	RARE LIPID DISORDERS	MADHUR YADAV	SRINIVAS RAMAKA
03:15 – 03:30 PM	STATINS IN MASLD	DHARMINDER JAIN	AMIYA SHARMA
03:30 – 03:45 PM	AIR POLLUTION	AMIT MALVIYA	DIGANTA BORGOHOIN
03:45 – 04:00 PM	MANAGEMENT OF DYSLIPIDEMIA IN OBESITY AND METABOLIC SYNDROME	VINOD MITTAL	TANUJ BHATIA
04:00 – 04:25 PM	DISCUSSION		
04:25 – 05:05 PM	QUIZ AND PRIZE DISTRIBUTION	RAMAN PURI	
05.05 – 05.15 PM	CLOSING REMARK	HARMEET REHAN	
05:15 PM ONWARDS	TEA BREAK		

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