

L A I C O N

NATIONAL 2026

MARCH 7-8

**HOTEL GRAND KAKATIYA
BEGUMPET, HYDERABAD**

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



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SCIENTIFIC PROGRAM

MARCH 07, 2026 | DAY 01

TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 1 (10:00 AM TO 10:30 AM)			
10:00 – 10:10 AM	INAUGURATION	S S IYENGAR	
10:10 – 10:20 AM	KEYNOTE ADDRESS	SARAT CHANDRA	
10:20 – 10:30 AM	LAI ACHIEVEMENTS	SADANAND SHETTY	
SESSION 2 (10:30 AM TO 12:15 PM)			
UNDERSTANDING RESIDUAL CARDIOVASCULAR RISK IN INDIANS: GENETICS, LIPOPROTEINS, AND RISK MODIFIERS			
CHAIRPERSONS: SADANAND SHETTY & KRISHNAM RAJU			
10:30 – 10:40 AM	CAD INDIAN SCENARIO	RASHMI	G B SATTUR
10:40 – 10:55 AM	DIAGNOSING GENETIC DYSLIPIDEMIA: ARE THEY COMMON	BARTON P DUELL	DEVAKI NAIR
10:55 – 11:10 AM	CONCEPT OF RISK MODIFIERS AND ASCVD	D PRABHAKAR	S S IYENGAR
11:10 – 11:25 AM	FROM REMNANTS TO PLAQUE: HOW TRIGLYCERIDES FUEL ATHEROSCLEROSIS	SOUMITRA KUMAR	RAJEEV AGARWAL
11:25 – 11:40 AM	HDL-C IN CAD PREVENTION: DEAD HORSE OR SLEEPING GIANT?	SARAT CHANDRA	V SURYAPRAKASH RAO
11:40 – 11:55 AM	OPTIONS UNMASKING LIPOPROTEIN(A): THE OVERLOOKED CONTRIBUTOR TO CARDIOVASCULAR RESIDUAL RISK	NATHAN D WONG	P C MANORIA
11:55 – 12:15 PM	DISCUSSION		
12:15 – 12:35 PM	TEA BREAK		

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TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 3 (12:35 PM TO 1:35 PM), PATHOGENESIS			
CHAIRPERSONS: DAYASAGAR RAO & K SARAT CHANDRA			
12:35 – 12:50 PM	FROM PLAQUE TO PLAQUE RUPTURE: THE CENTRAL ROLE OF INFLAMMATION IN CAD	NAGRAJ DESAI	BARTON P DUELL
12:50 – 01:05 PM	UNMASKING THE THREAT: SUBCLINICAL ATHEROSCLEROSIS AS A PREDICTOR OF FUTURE CARDIOVASCULAR EVENTS.	RAVI KASLIWAL	JYOTSNA. M
01:05 – 01:20 PM	RELEVANCE OF CORONARY CALCIUM SCORE IN INDIAN POPULATION: DO WESTERN THRESHOLDS APPLY?	RAJEEV AGARWAL	RAJENDRA KUMAR JAIN
01:20 – 01:35 PM	DISCUSSION		
01:35 – 02:00 PM	LUNCH BREAK		
SESSION 4 (02:00 PM TO 03:30 PM) CONTEMPORARY LIPID-LOWERING THERAPIES: EVIDENCE, INNOVATION, AND CLINICAL DECISION-MAKING			
CHAIRPERSONS: SADANAND SHETTY & SAI SATISH			
02:00 – 02:15 PM	THE NOCEBO EFFECT AND STATIN-ASSOCIATED MUSCLE SYMPTOMS: STRATEGIES FOR DIAGNOSIS AND TREATMENT MANAGEMENT	MUKESH RAO	SHANTANU SENGUPTA
02:15 – 02:30 PM	SHORT REVIEW ON NEWER ORAL LIPID LOWERING DRUGS	SRINIVAS RAMAKA	P A JIWANI
02:30 – 02:45 PM	MANAGING LIPIDS IN THE ERA OF PCSK9 INHIBITION SiRNA	DAYASAGAR RAO	G RAMESH
02:45 – 03:00 PM	DO ALL CVD PATIENTS NEED ICOSAPENT ETHYL? EVIDENCE-BASED ANSWERS	DILIP GUDE	HAIDER KHAN
03:00 – 03:15 PM	FUTURE TARGETS: ANGPTL3, FGF21, AND THE NEXT WAVE OF TG-LOWERING AGENTS	P C MANORIA	C B PATIL
03:15 – 03:40 PM	DISCUSSION		

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TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 5 (03:40 PM TO 04:35 PM) DYSLIPIDAEMIA IN SPECIAL SITUATIONS			
CHAIRPERSONS: VIMAL MEHTA & SADANAND SHETTY			
03:40 – 03:55 PM	LIPID MANAGEMENT IN PREGNANCY: BALANCING RISKS AND SAFETY	DEVAKI NAIR	PARTH STHAPAK
03:55 – 04:10 PM	LIPIDS IN CHILDREN “WHEN AND HOW TO MONITOR”	PANKAJ JARIWALA	KMK REDDY
04:10 – 04:20 PM	DISCUSSION		
04:20 – 04:35 PM	TEA BREAK		
SESSION 6 (04:35 PM TO 05:20 PM) SESSION ON LIPOPROTEIN APHERESIS LAI FUTURE PLANS / STUDIES			
CHAIRPERSONS: SASHIKANTH & C B PATIL			
04:35 – 04:50 PM	LIPOPROTEIN APHERESIS: A REVIEW OF CLINICAL OUTCOMES AND FUTURE PERSPECTIVES	BARTON P DUELL	DAYASAGAR RAO
04:50 – 05:05 PM	WHY WE NEED LIPOPROTEIN APHERESIS CENTRES IN INDIA	S. S. IYENGAR	ANJITH VUPPUTURI
05:05 – 05:20 PM	DISCUSSION		

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TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 7 (05:20 PM TO 7:15 PM) WHAT IS NEW FROM LAI			
CHAIRPERSONS: S S IYENGAR & BARTON P DUELL			
05:20 – 05:30 PM	LAI EFFICACY TRIAL	ANJITH VUPPUTURI	NEIL BORDOLOI
05:30 – 05:40 PM	LAI EARLY ACS TRIAL	VIMAL MEHTA	RAMAN PURI
05:40 – 05:50 PM	LAI- LCARE STUDY	NAVDEEP S SIDHU	AMIT MUNJAL
05:50 – 06:00 PM	LAI PRECAD STUDY	GEEVER ZACHARIAH	RAVISH RAWAL
06:00 – 06:10 PM	LAI REACT STUDY (1 YEAR FOLLOW UP)	AZIZ KHAN	RAGHAVENDRA STHAPAK
06:10 – 06:20 PM	LAI APRICOT STUDY	VITULL GUPTA	CHARANJIT SINGH
06:20 – 06:30 PM	LAI SARRAL STUDY	SHILPA KADAM	R SWETHA SREE RAVI
06:30 – 07:15 PM	DISCUSSION		
07.15 PM ONWARDS	DINNER		

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MARCH 08, 2026 | DAY 02

TIME	TOPIC	SPEAKERS	PANELLISTS
CASE-BASED DISCUSSION: FOUR CASES (10 MINS EACH)			
MANAGING COMPLEX DYSLIPIDEMIAS: FROM STATIN INTOLERANCE TO LIPOPROTEIN(A)			
SESSION 1 (10:00 AM TO 11:00 AM)			
CHAIRPERSONS: SADANAND SHETTY & P C RATH			
10:00 – 10:10 AM	STATIN INTOLERANCE	NATHAN WONG	G B SATTUR
10:10 – 10:20 AM	FAMILIAL HYPERCHOLESTEROLEMIA	DEVAKI NAIR	VASANTH KUMAR
10:20 – 10:30 AM	HYPERTRIGLYCERIDEMIA	BARTON P DUELL	NARSA RAJU
10:30 – 10:40 AM	LIPOPROTEIN(A): THE HIDDEN CARDIOVASCULAR RISK BEYOND LDL-C	P L N KAPARDHI	HYGRIV RAO
10:40 – 11:00 AM	DISCUSSION		
SESSION 2 (11.00AM TO 01:50 PM)			
KEY UPDATES FROM LAI EXPERT RECOMMENDATIONS:			
CHAIRPERSONS: RAJENDRA KUMAR JAIN & TNC PADMANABHAN			
11:00 – 11:15 AM	WHY DO WE NEED INDIAN-SPECIFIC LIPID GUIDELINES?	RAMAN PURI	RAMA KUMARI
11:15 – 11:30 AM	MANAGING DYSLIPIDEMIA IN DIABETES: AN INTEGRATED APPROACH	S N NARASINGAN	SURYA PRAKASH RAO
11:30 – 11:45 AM	DYSLIPIDEMIA MANAGEMENT IN ACUTE CORONARY SYNDROME: DIVERGENCES BETWEEN INDIAN AND EUROPEAN RECOMMENDATIONS	VIMAL MEHTA	C RAGHU
11:45 – 12:00 PM	LIFESTYLE INTERVENTION: THE FIRST PILLAR OF DYSLIPIDEMIA MANAGEMENT	CHARANJIT SINGH	PRAMOD KUMAR
12:00 – 12:15 PM	DYSLIPIDEMIA IN CHRONIC KIDNEY DISEASE: CHALLENGES AND STRATEGIES	DEV DUTT CHAFFEKAR	GIRISH KUMTHERKAR
12:15 – 12:30 PM	STATINS AND HEART FAILURE	ADITYA KAPOOR	NIRAJ LODHA
12:30 – 01:00 PM	DISCUSSION		

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MARCH 08, 2026 | DAY 02

TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 3 (01:00 To 1:25 PM) BHARAT-RISK			
CHAIRPERSONS: NATHAN D WONG & BARTON P DUELL			
01:00 – 01:25 PM	LAI ASCVD RISK CALCULATOR	RAMAN PURI	
01:25 – 02:00 PM	LUNCH BREAK		
SESSION 4 (02:00 To 02:45 PM) BEYOND LDL-C: IS IT TIME TO SHIFT THE PRIMARY LIPID TARGET?			
CHAIRPERSONS: SRIDHAR KASTURI & M. JYOTSNA			
02:00 – 02:30 PM (10 MIN EACH)	LDL-C	AKSHAYA PRADHAN	DAYASAGAR RAO
	NON-HDL-C	S N NARASINGAN	SADANAND SHETTY
	APOB	S S IYENGAR	A K PANDEY
	WHICH IS THE BEST PRIMARY TARGET?		
02:30 – 02:45	DISCUSSION		

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TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 5 (02:45 – 04:25 PM) CONTEMPORARY CONTROVERSIES AND EMERGING CHALLENGES IN LIPIDOLOGY			
	CHAIRPERSONS: SADANAND SHETTY & VASANTH KUMAR		
2:45 – 03:00 PM	REDUCE IT TRIAL PROS AND CON	K H SRINIVAS	DILIP GUDE
03:00 – 03:15PM	MANAGEMENT OF DYSLIPIDEMIA IN OBESITY AND METABOLIC SYNDROME	VINOD MITTAL	TANUJ BHATIA
03:15 – 03:30 PM	STATINS IN MASLD	DHARMENDER JAIN	AMIYA SHARMA
03:30 – 03:45 PM	AIR POLLUTION	AMIT MALVIYA	DIGANTA BORGHOIN
03:45 – 04:00 PM	RARE LIPID DISORDERS	MADHUR YADAV	SRINIVAS RAMAKA
04:00 – 04:25 PM	DISCUSSION		
SESSION 6 (04:25 – 05:15 PM) QUIZ & CLOSING CEREMONY			
04:25 – 05:05 PM	QUIZ FIRST PRIZE: 15,000 SECOND PRIZE: 10,000 THIRD PRIZE: 5,000	RAMAN PURI	
05.05 – 05.15 PM	CLOSING REMARK	SADANAND SHETTY	
05:15 PM ONWARDS	TEA BREAK		

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REGISTRATION DETAILS

Delegate Type	Early Bird (Before Feb 15, 2026)	Regular (Feb 16, 2026 - March 1, 2026)	Spot 2025
National (Non-Member)	INR 20,000.00	INR 25,000.00	INR 30,000.00
Student (Indian National)	INR 7,500.00	INR 7,500.00	INR 10,000.00
Student (Foreigner)	USD 250	USD 250	USD 300
International (Foreigner)	USD 300	USD 350	USD 400
Non-Delegate (Accompanying Person)	INR 15,000.00	INR 18,000.00	INR 20,000.00
Industry	INR 40,000.00	INR 45,000.00	INR 50,000.00
LAI Member (HAMs)	INR 7,500.00	INR 7,500.00	INR 15,000.00
LAI State Chapter Office Bearer	INR 5,000.00	INR 5,000.00	INR 10,000.00

ALL REGISTRATION PAYMENTS MUST BE MADE IN INDIAN RUPEES (INR).

LAI RESERVES THE RIGHT TO ADMIT PARTICIPANTS. ENTRY MAY BE REFUSED EVEN AFTER REGISTRATION OR CONFIRMATION.

REGISTRATION FEE INCLUDES:

- LUNCH ON MARCH 07 AND MARCH 08
- DINNER ON MARCH 07
- FEE IS INCLUSIVE OF ALL TAXES

REGISTRATION FEE DOES NOT INCLUDE:

- HOTEL ACCOMMODATION
- TRAVEL
- PERSONAL EXPENSES

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REGISTRATION FORM

FIRST NAME	
LAST NAME	
MOBILE NUMBER	
EMAIL ADDRESS	
ADDRESS LINE 1 (RESIDENTIAL)	
ADDRESS LINE 2	
STATE, COUNTRY AND ZIP/PIN CODE	
MEDICAL COUNCIL REGISTRATION NUMBER (INDIANS ONLY)	
CENTRAL/STATE	
PAN CARD NUMBER (INDIANS ONLY)	

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PAYMENT INFORMATION

Bank Details	
Name	Lipid Association of India
Account Number	10591131002140
Account Type	Current
Bank Name	PUNJAB NATIONAL BANK
IFSC Code	PUNB0014410
Branch	South Extension Part-I, New Delhi, India


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LIPID ASSOCIATION OF INDIA
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