

**LAI**

Lipid Association  
of India



# **LAI CON**

## **NATIONAL 2026**

**MARCH 7-8**

**HOTEL GRAND KAKATIYA  
BEGUMPET, HYDERABAD**

**KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL**



+91-9871071919



@LIPIDAOI1



LIPIDAOI



LIPID.NET.IN

# SCIENTIFIC PROGRAM

**MARCH 07, 2026 | DAY 01**

TIME	TOPIC	SPEAKERS	PANELLISTS
<b>SESSION 1 (10:00 AM TO 10:30 AM)</b>			
10:00 – 10:10 AM	INAUGURATION	S S IYENGAR	
10:10 – 10:20 AM	KEYNOTE ADDRESS	SARAT CHANDRA	
10:20 – 10:30 AM	LAI ACHIEVEMENTS	SADANAND SHETTY	
<b>SESSION 2 (10:30 AM TO 12:15 PM)</b>			
<b>UNDERSTANDING RESIDUAL CARDIOVASCULAR RISK IN INDIANS: GENETICS, LIPOPROTEINS, AND RISK MODIFIERS</b>			
<b>CHAIRPERSONS: SADANAND SHETTY &amp; KRISHNAM RAJU</b>			
10:30 – 10:40 AM	CAD INDIAN SCENARIO	RASHMI	G B SATTUR
10:40 – 10:55 AM	DIAGNOSING GENETIC DYSLIPIDEMIA: ARE THEY COMMON	BARTON P DUELL	DEVAKI NAIR
10:55 – 11:10 AM	CONCEPT OF RISK MODIFIERS AND ASCVD	D PRABHAKAR	S S IYENGAR
11:10 – 11:25 AM	FROM REMNANTS TO PLAQUE: HOW TRIGLYCERIDES FUEL ATHEROSCLEROSIS	SOUMITRA KUMAR	RAJEEV AGARWAL
11:25 – 11:40 AM	HDL-C IN CAD PREVENTION: DEAD HORSE OR SLEEPING GIANT?	SARAT CHANDRA	V SURYAPRAKASH RAO
11:40 – 11:55 AM	OPTIONS UNMASKING LIPOPROTEIN(A): THE OVERLOOKED CONTRIBUTOR TO CARDIOVASCULAR RESIDUAL RISK	NATHAN D WONG	P C MANORIA
11:55 – 12:15 PM	DISCUSSION		
12:15 – 12:35 PM	TEA BREAK		

# SCIENTIFIC PROGRAM

**MARCH 07, 2026 | DAY 01**

TIME	TOPIC	SPEAKERS	PANELLISTS			
<b>SESSION 3 (12:35 PM TO 1:35 PM), PATHOGENESIS</b>						
<b>CHAIRPERSONS: DAYASAGAR RAO &amp; K SARAT CHANDRA</b>						
12:35 – 12:50 PM	FROM PLAQUE TO PLAQUE RUPTURE: THE CENTRAL ROLE OF INFLAMMATION IN CAD	NAGRAJ DESAI	BARTON P DUELL			
12:50 – 01:05 PM	UNMASKING THE THREAT: SUBCLINICAL ATHEROSCLEROSIS AS A PREDICTOR OF FUTURE CARDIOVASCULAR EVENTS.	RAVI KASLIWAL	JYOTSNA. M			
01:05 – 01:20 PM	RELEVANCE OF CORONARY CALCIUM SCORE IN INDIAN POPULATION: DO WESTERN THRESHOLDS APPLY?	RAJEEV AGARWAL	RAJENDRA KUMAR JAIN			
01:20 – 01:35 PM	DISCUSSION					
01:35 – 02:00 PM	LUNCH BREAK					
<b>SESSION 4 (02:00 PM TO 03:30 PM)</b>						
<b>CONTEMPORARY LIPID-LOWERING THERAPIES: EVIDENCE, INNOVATION, AND CLINICAL DECISION-MAKING</b>						
<b>CHAIRPERSONS: SADANAND SHETTY &amp; SAI SATISH</b>						
02:00 – 02:15 PM	THE NOCEBO EFFECT AND STATIN-ASSOCIATED MUSCLE SYMPTOMS: STRATEGIES FOR DIAGNOSIS AND TREATMENT MANAGEMENT	MUKESH RAO	SHANTANU SENGUPTA			
02:15 – 02:30 PM	SHORT REVIEW ON NEWER ORAL LIPID LOWERING DRUGS	SRINIVAS RAMAKA	P A JIWANI			
02:30 – 02:45 PM	MANAGING LIPIDS IN THE ERA OF PCSK9 INHIBITION SiRNA	DAYASAGAR RAO	G RAMESH			
02:45 – 03:00 PM	DO ALL CVD PATIENTS NEED ICOSAPENT ETHYL? EVIDENCE-BASED ANSWERS	DILIP GUDE	HAIDER KHAN			
03:00 – 03:15 PM	FUTURE TARGETS: ANGPTL3, FGF21, AND THE NEXT WAVE OF TG-LOWERING AGENTS	P C MANORIA	C B PATIL			
03:15 – 03:40 PM	DISCUSSION					

# SCIENTIFIC PROGRAM

## MARCH 07, 2026 | DAY 01

TIME	TOPIC	SPEAKERS	PANELLISTS			
<b>SESSION 5 (03:40 PM TO 04:35 PM)</b> <b>DYSLIPIDAEMIA IN SPECIAL SITUATIONS</b>						
<b>CHAIRPERSONS: VIMAL MEHTA &amp; SADANAND SHETTY</b>						
03:40 – 03:55 PM	LIPID MANAGEMENT IN PREGNANCY: BALANCING RISKS AND SAFETY	DEVAKI NAIR	PARTH STHAPAK			
03:55 – 04:10 PM	LIPIDS IN CHILDREN “WHEN AND HOW TO MONITOR”	PANKAJ JARIWALA	KMK REDDY			
04:10 – 04:20 PM	DISCUSSION					
04:20 – 04:35 PM	TEA BREAK					
<b>SESSION 6 (04:35 PM TO 05:20 PM)</b> <b>SESSION ON LIPOPROTEIN APHERESIS LAI FUTURE PLANS / STUDIES</b>						
<b>CHAIRPERSONS: SASHIKANTH &amp; C B PATIL</b>						
04:35 – 04:50 PM	LIPOPROTEIN APHERESIS: A REVIEW OF CLINICAL OUTCOMES AND FUTURE PERSPECTIVES	BARTON P DUELL	DAYASAGAR RAO			
04:50 – 05:05 PM	WHY WE NEED LIPOPROTEIN APHERESIS CENTRES IN INDIA	S. S. IYENGAR	ANJITH VUPPUTURI			
05:05 – 05:20 PM	DISCUSSION					

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL

# SCIENTIFIC PROGRAM

## MARCH 07, 2026 | DAY 01

TIME	TOPIC	SPEAKERS	PANELLISTS
<b>SESSION 7 (05:20 PM TO 7:15 PM)</b>			
<b>WHAT IS NEW FROM LAI</b>			
<b>CHAIRPERSONS: S S IYENGAR &amp; BARTON P DUELL</b>			
05:20 – 05:30 PM	LAI EFFICACY TRIAL	ANJITH VUPPUTURI	NEIL BORDOLOI
05:30 – 05:40 PM	LAI EARLY ACS TRIAL	VIMAL MEHTA	RAMAN PURI
05:40 – 05:50 PM	LAI- LCARE STUDY	NAVDEEP S SIDHU	AMIT MUNJAL
05:50 – 06:00 PM	LAI PRECAD STUDY	GEEVER ZACHARIAH	RAVISH RAWAL
06:00 – 06:10 PM	LAI REACT STUDY (1 YEAR FOLLOW UP)	AZIZ KHAN	RAGHAVENDRA STHAPAK
06:10 – 06:20 PM	LAI APRICOT STUDY	VITULL GUPTA	CHARANJIT SINGH
06:20 – 06:30 PM	LAI SARRAL STUDY	SHILPA KADAM	R SWETHA SREE RAVI
06:30 – 07:15 PM	DISCUSSION		
<b>07.15 PM ONWARDS</b>	<b>DINNER</b>		

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL

# SCIENTIFIC PROGRAM

**MARCH 08, 2026 | DAY 02**

TIME	TOPIC	SPEAKERS	PANELLISTS			
<b>CASE-BASED DISCUSSION: FOUR CASES (10 MINS EACH)</b> <b>MANAGING COMPLEX DYSLIPIDEMIAS: FROM STATIN INTOLERANCE TO LIPOPROTEIN(A)</b>						
<b>SESSION 1 (10:00 AM TO 11:00 AM)</b> <b>CHAIRPERSONS: SADANAND SHETTY &amp; P C RATH</b>						
10:00 – 10:10 AM	STATIN INTOLERANCE	NATHAN WONG	G B SATTUR			
10:10 – 10:20 AM	FAMILIAL HYPERCHOLESTEROLEMIA	DEVAKI NAIR	VASANTH KUMAR			
10:20 – 10:30 AM	HYPERTRIGLYCERIDEMIA	BARTON P DUELL	NARSA RAJU			
10:30 – 10:40 AM	LIPOPROTEIN(A): THE HIDDEN CARDIOVASCULAR RISK BEYOND LDL-C	P L N KAPARDHI	HYGRIV RAO			
10:40 – 11:00 AM	DISCUSSION					
<b>SESSION 2 (11:00AM TO 01:50 PM)</b> <b>KEY UPDATES FROM LAI EXPERT RECOMMENDATIONS:</b>						
<b>CHAIRPERSONS: RAJENDRA KUMAR JAIN &amp; TNC PADMANABHAN</b>						
11:00 – 11:15 AM	WHY DO WE NEED INDIAN-SPECIFIC LIPID GUIDELINES?	RAMAN PURI	RAMA KUMARI			
11:15 – 11:30 AM	MANAGING DYSLIPIDEMIA IN DIABETES: AN INTEGRATED APPROACH	S N NARASINGAN	SURYA PRAKASH RAO			
11:30 – 11:45 AM	DYSLIPIDEMIA MANAGEMENT IN ACUTE CORONARY SYNDROME: DIVERGENCES BETWEEN INDIAN AND EUROPEAN RECOMMENDATIONS	VIMAL MEHTA	C RAGHU			
11:45 – 12:00 PM	LIFESTYLE INTERVENTION: THE FIRST PILLAR OF DYSLIPIDEMIA MANAGEMENT	CHARANJIT SINGH	PRAMOD KUMAR			
12:00 – 12:15 PM	DYSLIPIDEMIA IN CHRONIC KIDNEY DISEASE: CHALLENGES AND STRATEGIES	DEV DUTT CHAFFEKAR	GIRISH KUMTHERKAR			
12:15 – 12:30 PM	STATINS AND HEART FAILURE	ADITYA KAPOOR	NIRAJ LODHA			
12:30 – 01:00 PM	DISCUSSION					

# SCIENTIFIC PROGRAM

## MARCH 08, 2026 | DAY 02

TIME	TOPIC	SPEAKERS	PANELLISTS
<b>SESSION 3 (01:00 To 1:25 PM)</b> <b>BHARAT-RISK</b>			
CHAIRPERSONS: NATHAN D WONG & BARTON P DUELL			
01:00 – 01:25 PM	LAI ASCVD RISK CALCULATOR		RAMAN PURI
01:25 – 02:00 PM		<b>LUNCH BREAK</b>	
<b>SESSION 4 (02:00 To 02:45 PM)</b> <b>BEYOND LDL-C: Is It Time to Shift the Primary Lipid Target?</b>			
CHAIRPERSONS: SRIDHAR KASTURI & M. JYOTSNA			
02:00 – 02:30 PM (10 MIN EACH)	LDL-C	AKSHAYA PRADHAN	DAYASAGAR RAO
	Non-HDL-C	S N NARASINGAN	SADANAND SHETTY
	APOB	S S IYENGAR	A K PANDEY
	WHICH IS THE BEST PRIMARY TARGET?		
02:30 – 02:45	DISCUSSION		

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOI1



LIPIDAOI



LIPID.NET.IN

# SCIENTIFIC PROGRAM

## MARCH 08, 2026 | DAY 02

TIME	TOPIC	SPEAKERS	PANELLISTS			
<b>SESSION 5 (02:45 – 04:25 PM)</b>						
<b>CONTEMPORARY CONTROVERSIES AND EMERGING CHALLENGES IN LIPIDOLOGY</b>						
	<b>CHAIRPERSONS: SADANAND SHETTY &amp; VASANTH KUMAR</b>					
02:45 – 03:00 PM	REDUCE IT TRIAL PROS AND CON	K H SRINIVAS	DILIP GUDE			
03:00 – 03:15 PM	MANAGEMENT OF DYSLIPIDEMIA IN OBESITY AND METABOLIC SYNDROME	VINOD MITTAL	TANUJ BHATIA			
03:15 – 03:30 PM	STATINS IN MASLD	DHARMENDER JAIN	AMIYA SHARMA			
03:30 – 03:45 PM	AIR POLLUTION	AMIT MALVIYA	DIGANTA BORGOHOIN			
03:45 – 04:00 PM	RARE LIPID DISORDERS	MADHUR YADAV	SRINIVAS RAMAKA			
04:00 – 04:25 PM	DISCUSSION					
<b>SESSION 6 (04:25 – 05:15 PM)</b>						
<b>QUIZ &amp; CLOSING CEREMONY</b>						
04:25 – 05:05 PM	QUIZ FIRST PRIZE: 15,000   SECOND PRIZE: 10,000   THIRD PRIZE: 5,000	RAMAN PURI				
05:05 – 05:15 PM	CLOSING REMARK	SADANAND SHETTY				
05:15 PM ONWARDS	TEA BREAK					

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOII



LIPIDAOI



LIPID.NET.IN

# REGISTRATION DETAILS

Delegate Type	Early Bird (Before Feb 15, 2026)	Regular (Feb 16, 2026 - March 1, 2026)	Spot 2025
<b>National (Non-Member)</b>	INR 20,000.00	INR 25,000.00	INR 30,000.00
<b>Student (Indian National)</b>	INR 7,500.00	INR 7,500.00	INR 10,000.00
<b>Student (Foreigner)</b>	USD 250	USD 250	USD 300
<b>International (Foreigner)</b>	USD 300	USD 350	USD 400
<b>Non-Delegate (Accompanying Person)</b>	INR 15,000.00	INR 18,000.00	INR 20,000.00
<b>Industry</b>	INR 40,000.00	INR 45,000.00	INR 50,000.00
<b>LAI Member (HAMS)</b>	INR 7,500.00	INR 7,500.00	INR 15,000.00
<b>LAI State Chapter Office Bearer</b>	INR 5,000.00	INR 5,000.00	INR 10,000.00

**ALL REGISTRATION PAYMENTS MUST BE MADE IN INDIAN RUPEES (INR).**

LAI RESERVES THE RIGHT TO ADMIT PARTICIPANTS. ENTRY MAY BE REFUSED EVEN AFTER REGISTRATION OR CONFIRMATION.

## REGISTRATION FEE INCLUDES:

- LUNCH ON MARCH 07 AND MARCH 08
- DINNER ON MARCH 07
- FEE IS INCLUSIVE OF ALL TAXES

## REGISTRATION FEE DOES NOT INCLUDE:

- HOTEL ACCOMMODATION
- TRAVEL
- PERSONAL EXPENSES

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL

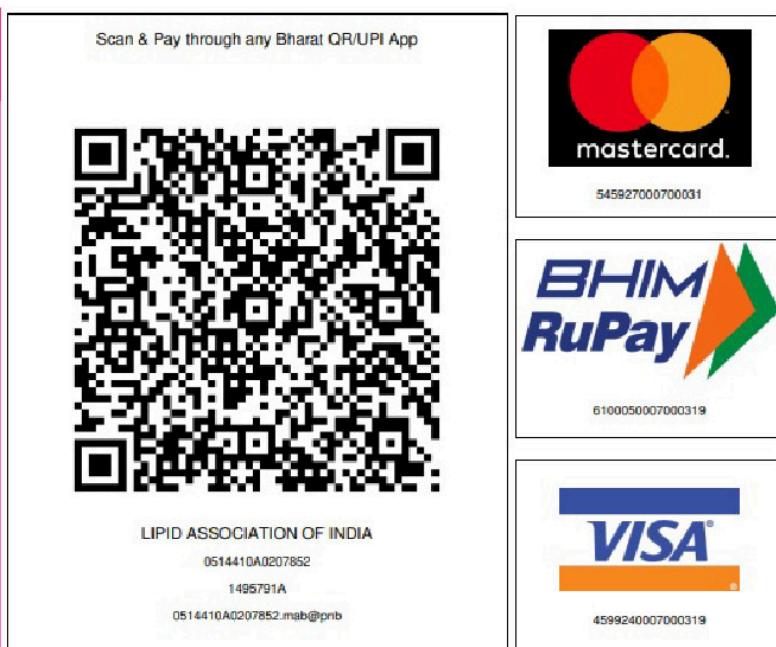
# REGISTRATION FORM

<b>FIRST NAME</b>	
<b>LAST NAME</b>	
<b>MOBILE NUMBER</b>	
<b>EMAIL ADDRESS</b>	
<b>ADDRESS LINE 1 (RESIDENTIAL)</b>	
<b>ADDRESS LINE 2</b>	
<b>STATE, COUNTRY AND ZIP/PIN CODE</b>	
<b>MEDICAL COUNCIL REGISTRATION NUMBER (INDIANS ONLY)</b>	
<b>CENTRAL/STATE</b>	
<b>PAN CARD NUMBER (INDIANS ONLY)</b>	

LAI RESERVES THE RIGHT TO ADMIT PARTICIPANTS. ENTRY MAY BE REFUSED EVEN AFTER REGISTRATION OR CONFIRMATION.

## PAYMENT INFORMATION

<b>Bank Details</b>	
<b>Name</b>	Lipid Association of India
<b>Account Number</b>	10591131002140
<b>Account Type</b>	Current
<b>Bank Name</b>	PUNJAB NATIONAL BANK
<b>IFSC Code</b>	PUNB0014410
<b>Branch</b>	South Extension Part-I, New Delhi, India



**ALL REGISTRATION PAYMENTS MUST BE MADE IN INDIAN RUPEES (INR).**

**KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL**