

LAI

Lipid Association
of India

LAICON INTERNATIONAL 2026

SEPTEMBER **4-6** 2026

RADISSON BLU HOTEL,
DWARKA, NEW DELHI

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOI1



LIPIDAOI



LIPID.NET.IN

ORGANIZING COMMITTEE



S S Iyengar
Patron



Raman Puri
Organizing Chairman



S N Narasingan
Co-Organizing Chairman



Madhur Yadav
Organizing Secretary



Vimal Mehta
Organizing Co-Secretary



Geevar Zachariah
Scientific Committee
Chairman



Akshay Pradhan
Scientific Committee
Co- Chair



Sadanand Shetty
National Advisor



Princi Jain
Joint Secretary



Hitesh Saroghi
Joint Secretary



Vivek Suman
Joint Secretary



Devaki Nair
Director, LCC & Abstract
Committee Chairman



Rashmi
Secretary



Charanjit Singh
Executive Coordinator

INTERNATIONAL FACULTY



Devaki Nair
UK



Arun Nair
UK



Sonika Puri
USA



Raseed Mubarak
Sri Lanka



Nathan Wong
USA



Barton Duell
USA

SCIENTIFIC PROGRAM

DAY 1 (4TH SEPTEMBER)			
TIME	TOPIC	SPEAKER	PANELISTS
01.00 – 01.45 PM	REGISTRATION		
02.00 – 02.10 PM	NATIONAL ANTHEM & LAMP LIGHTENING	RASHMI	
02.10 – 02.25 PM	THE LAI JOURNEY	SADANAND SHETTY	
SESSION 1			
ADVANCES IN CARDIO-RENAL–METABOLIC SYNDROME AND HEART FAILURE THERAPEUTICS			
CHAIRPERSON: SADANAND SHETTY & DHEERAJ KAPOOR			
02.25 – 02.40 PM	CARDIO-RENAL METABOLIC–CENTERED CARE IN TYPE 2 DIABETES: INTEGRATING GLP-1, SGLT2, AND DUAL AGONISTS	SUBHASH WANGNOO	SANJAY DASH
02.40 – 02.55 PM	DIABETES IN PREGNANCY AND PRECONCEPTION PLANNING: OPTIMIZING MATERNAL-FETAL OUTCOMES	SUNIL GUPTA	DEVAKI NAIR
02.55 – 03.10 PM	EMERGING TECHNOLOGIES AND PRECISION THERAPIES IN HEART FAILURE: DRUGS AND DEVICES	AWADHESH KR SHARMA	SATISH SURYAVANSHI
03.10 – 03.25 PM	STATIN THERAPY IN CHRONIC HEART FAILURE: RECONCILING NEUTRAL HF TRIALS WITH AGGRESSIVE ASCVD PREVENTION IN SOUTH ASIANS (LAI, ACC/AHA, ESC PERSPECTIVES)	VENKATESH T K	ATUL KUMAR
03.25 – 03.45 PM	DISCUSSION		

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOI1



LIPIDAO



LIPID.NET.IN

SCIENTIFIC PROGRAM

TIME	TOPIC	SPEAKER	PANELISTS
SESSION 2			
HYPERTENSION, THROMBOSIS, AND LIPITENSION IN 2026: INTEGRATED STRATEGIES FOR BLOOD PRESSURE, LIPIDS, AND ANTITHROMBOTIC THERAPY			
CHAIRPERSON: NAGRAJ DESAI			
03.45 – 04.00 PM	OPTIMIZING DUAL ANTIPLATELET THERAPY IN ASCVD	AMIT MALVIYA	NEIL BORDOLOI
04.00 – 04.15 PM	RESISTANT HYPERTENSION – WHAT IS NEW?	S N NARASINGAN	C B PATIL
04.15 – 04.30 PM	DISCUSSION		
PADMAWATI ORATION CHAIRPERSON: DAYASAGAR RAO & G B SATTUR			
TIME	TOPIC	SPEAKER	
04.30 – 04.55 PM	LIPITENSION IN 2026: INTEGRATING BLOOD PRESSURE AND LIPID TARGETS IN A SINGLE RISK-BASED ALGORITHM	A MURUGNATHAN	
04.55– 05.15 PM	TEA BREAK		
SESSION 3			
BEYOND LIPIDS: COMPREHENSIVE RISK EVALUATION AND ENVIRONMENTAL DETERMINANTS OF ATHEROSCLEROTIC CARDIOVASCULAR DISEASE			
CHAIRPERSON: D PRABHAKAR & SMIT SRIVASTAVA			
05.15– 05.30 PM	DIAGNOSTIC EVALUATION OF PATIENTS WITH DYSLIPIDEMIA	DEVAKI NAIR	MANISHA THAKUR
05.30 – 05.45 PM	NON-LIPID RISK FACTORS FOR ASCVD	VINOD MITTAL	R P SAINI

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL

SCIENTIFIC PROGRAM

TIME	TOPIC	SPEAKER	PANELISTS
05.45 – 06.00 PM	CLIMATE–CARDIO NEXUS MECHANISMS, EVIDENCE, AND GLOBAL IMPACT	VITULL GUPTA	NEELAM VERMA
06.00 – 06.15 PM	DISCUSSION		
SESSION 4			
CONTEMPORARY LDL-CENTRIC CARE			
CHAIRPERSONS: S K AGGARWAL & ALOK KUMAR SINGH			
06.15 – 06.30 PM	CLINICAL APPROACH TO RARE LIPID DISORDERS	MADHUR YADAV	MANORANJAN BEHERA
06.30 – 06.45 PM	REDEFINING STATIN INTOLERANCE: INTERNATIONAL ALGORITHMS AND THEIR APPLICATION IN SOUTH ASIAN/LAI PRACTICE	ARUN NAIR (UK)	SHANTANU SEN GUPTA
06.45 – 07.00 PM	LDL C TARGETS AFTER ISCHAEMIC STROKE: HARMONIZING ACC/AHA, ESC/EAS, AND LAI RECOMMENDATIONS	AKSHAYA PRADHAN	JAVED KHAN
07.00 – 07.20 PM	DISCUSSION		
DINNER: 08.00 PM ONWARDS			

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOI1



LIPIDAOI



LIPID.NET.IN

SCIENTIFIC PROGRAM

DAY 2 (5TH SEPTEMBER)

DAY 2 (5TH SEPTEMBER)			
TIME	TOPIC	SPEAKER	PANELISTS
SESSION 5			
BEYOND LDL-C TARGETS AND RESIDUAL RISK			
CHAIRPERSONS: SADANAND SHETTY & H P SINGH			
08.00 – 08.20 AM	EVOLUTION OF LIPID GUIDELINES AND LAI EXPERT CONSENSUS 4: RATIONALE FOR CHANGING TARGETS AND THRESHOLDS	RAMAN PURI	AMITAB BISWAS
08.20 – 08.40 AM	HOW LOW IS LOW? DEPTH OF LDL-C LOWERING IN 2026: EVIDENCE AND SAFETY	RAJEEV AGGARWAL	NIHAR RANJAN SAHU
08.40 – 09.00 AM	AFTER HITTING THE LDL-C TARGET: WHAT DRIVES RESIDUAL CARDIOVASCULAR RISK?	NATHAN D WONG (USA)	LALATENDU MOHANTY
09.00 – 09.20 AM	DISCUSSION		
SESSION 6			
IMAGING THE VULNERABLE PLAQUE AND BEYOND: HOW ADVANCED CORONARY IMAGING AND NOVEL THERAPIES WILL RESHAPE THE ATHEROSCLEROSIS LANDSCAPE			
CHAIRPERSONS: NATHAN D WONG & ASHA MAHILMARAN			
09.20 – 09.40 AM	CAN IMAGING HELP US QUANTIFY PLAQUE BURDEN AND CHARACTERISTICS/VULNERABILITY?	RAMAN PURI	RITIN MOHINDRA
09.40 – 10.00 AM	LINKING PLAQUE IMAGING TO THERAPY DECISIONS: WHEN TO INTENSIFY LIPID LOWERING THERAPY?	MANISH BANSAL	P BARTON DUELL (USA)
10.00 – 10.20 AM	DISCUSSION		
10.20 – 10.40 AM	TEA BREAK		



+91-9871071919



@LIPIDAOI1



LIPIDAOI



LIPID.NET.IN

SCIENTIFIC PROGRAM

TIME	TOPIC	SPEAKER	PANELISTS
SESSION 7			
DYSLIPIDEMIA AND PREGNANCY			
CHAIRPERSONS: PRABHAVATHI & G. SELVARANI			
10.40 – 11.00 AM	LIPID METABOLISM AND DYSLIPIDEMIA IN PREGNANCY	DEVAKI NAIR (UK)	ASHA MAHILMARAN
11.00 – 11.20 AM	DYSLIPIDEMIA IN PREGNANCY: INTERNATIONAL GUIDELINES AND LAI 2026 RECOMMENDATIONS – COMPARING NOTES	VIMAL MEHTA	P BARTON DUELL (USA) PREETI GUPTA
11.20 – 11.35 AM	DISCUSSION		
SESSION 8			
SESSION ON CKD			
CHAIRPERSON: SANJEEV JASUJA & SHYAM BANSAL			
11.35 – 11.55 AM	MANAGING DYSLIPIDEMIA IN CKD: RECONCILING KDIGO/ACC-AHA DYSLIPIDEMIA GUIDANCE WITH LAI 2026 RECOMMENDATIONS.	DEV DUTTA S CHAFEKAR	GIRISH KUMTHERKAR DEEPAK DEWAN SANJEEV GULATI NABDEEP PATHAK SONIKA PURI (USA)
11.55 – 12.10 PM	EXPERT PANEL DISCUSSION		
12.10 – 01.00 PM	ABSTRACT PRESENTATION DEVAKI NAIR, P BARTON DUELL, NATHAN D WONG AND S S IYENGAR		
12.10 – 01.00 PM	SPONSORED LECTURES (2)		
LUNCH: 01.00 – 01.45 PM			

SCIENTIFIC PROGRAM

TIME	TOPIC	SPEAKER	PANELISTS
SESSION 9			
ATHEROGENIC LIPIDS AND FATS IN 2026: APOB-CENTRIC TARGETS, OMEGA-3 THERAPIES, AND THE IMPACT OF DIETARY OILS			
CHAIRPERSON: DEVAKI NAIR & NATHAN D WONG (USA)			
01.45 – 02.05 PM	APOB AND NON–HDL-C AS PRIMARY ATHEROGENIC TARGETS: WHERE DO TRIGLYCERIDES STILL MATTER IN 2026?	P P MOHANAN	NIRAJ LODHA
02.05 – 02.25 PM	OMEGA-3 ACID ESTERS IN ASCVD AND DYSLIPIDEMIA	SUVRO BANERJEE	B K SINGH
02.25 – 02.45 PM	DIETARY FATS, EDIBLE OILS, AND LIPID DISORDERS	CHARANJIT SINGH	PAVAN PATEL
02.45 – 03.10 PM	DISCUSSION		
LAI ORATION			
CHAIRPERSON: S CHANDRASEKAR			
TIME	TOPIC	SPEAKER	
03.10 – 03.35 PM	HDL IN 2026: FROM ‘GOOD CHOLESTEROL’ NUMBER TO FUNCTION, PARADOX, AND PROGNOSIS	DAYASAGAR RAO	
LIFETIME ACHIEVEMENT AWARD			
CHAIRPERSON: S N NARASINGAN			
TIME	TOPIC	AWARDEE	
03.35 – 04.00 PM	DYSLIPIDEMIA IN SOUTH ASIANS AND HOW IT DIFFERS FROM OTHER ETHNIC GROUPS	V MOHAN	
04.00 – 04.20 PM	TEA BREAK		

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOI1



LIPIDAOI



LIPID.NET.IN

SCIENTIFIC PROGRAM

TIME	TOPIC	SPEAKER	PANELISTS
SESSION 10			
LAI SESSION			
CHAIRPERSON: GEEVAR ZACHARIAH & JAYANT PANDA			
04.20 – 04.40 PM	MANAGING DIABETIC DYSLIPIDEMIA IN SOUTH ASIANS: LAI RECOMMENDATIONS AND THE GAPS IN INTERNATIONAL GUIDELINES	S N NARASINGAN	PRABHAT PANDEY
04.40 – 05.00 PM	THERAPEUTIC MANAGEMENT OF DYSLIPIDEMIA IN ACUTE CORONARY SYNDROME. INTERNATIONAL VS LAI RECOMMENDATIONS	VIMAL MEHTA	AKSHAYA PRADHAN
05.00 – 05.15 PM	DISCUSSION		
SESSION 11			
WHAT IS NEW FROM LAI?			
CHAIRPERSON: SADANAND SHETTY & AZIZ KHAN			
05.15 – 05.30 PM	LAI EFFICACY STUDY	ANJITH VUPPUTURI	MAHESH FULWANI
05.30 – 05.45 PM	LAI-REACT MULTICENTRIC STUDY	MANISH BANSAL	VINEET KUMAR
05.45 – 06.00 PM	LAI EARLY ACS STUDY	VIMAL MEHTA	DIGANTA BURAGOHAIN
06.00 – 06.15 PM	DISCUSSION		

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOI



LIPIDAOI



LIPID.NET.IN

SCIENTIFIC PROGRAM

TIME	TOPIC	SPEAKER	PANELISTS
SESSION 12			
KNOW YOUR HEART RISK: “THE NEW LAI HEART SCORE”.			
CHAIRPERSONS: GEEVAR ZACHARIAH AND NATHAN D WONG (USA)			
06.15 – 06.45 PM	LAI ASCVD RISK CALCULATOR	RAMAN PURI	P C MANORIA, AKSHAY PRADHAN AWADHESH KR SHARMA, VIMAL MEHTA, NIMMI KANSAL, VITULL GUPTA
06.45 – 07.00 PM	EXPERT PANEL DISCUSSION		
INAUGURATION CEREMONY			
07.00 – 07.30 PM	MODERATED BY DR. H. S. REHAN LIPIDOLOGY CERTIFICATION COURSE (LCC) CERTIFICATE DISTRIBUTION CEREMONY		
MUSICAL PROGRAMME & DINNER 07.30 PM ONWARDS			

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOI



LIPIDAOI



LIPID.NET.IN

SCIENTIFIC PROGRAM

DAY 3 (6TH SEPTEMBER)

TIME	TOPIC	SPEAKER	PANELISTS
08.00 – 08.30 AM	BREAKFAST MEETING WITH OFFICE BEARERS OF LAI STATE CHAPTERS	RAMAN PURI	
SESSION 13			
INHERITED LIPID DISORDERS IN FOCUS: FAMILIAL HYPERCHOLESTEROLEMIA, LIPOPROTEIN(A), APHERESIS, AND THE EMERGING GENETIC PIPELINE			
CHAIRPERSONS: SADANAND SHETTY & S S IYENGAR			
08.30 – 08.50 AM	FAMILIAL HYPERCHOLESTEROLEMIA: DIAGNOSIS AND MANAGEMENT	DEVAKI NAIR	PREETI GUPTA
08.50 – 09.10 AM	LIPOPROTEIN(A): THE FORGOTTEN CARDIOVASCULAR RISK FACTOR	NATHAN D WONG (USA)	VIVEK SUMAN
09.10 – 09.30 AM	THE GENETIC LIPIDOLOGY PIPELINE: FROM SEQUENCING TO TARGETED THERAPIES	P C MANORIA	PRINCI JAIN
09.30 – 10.00 AM	THERAPEUTIC APHERESIS IN SEVERE DYSLIPIDEMIA: CURRENT EVIDENCE AND FUTURE DIRECTIONS	P BARTON DUELL (USA)	ANJITH VUPPUTURI
10.00 – 10.30 AM	DISCUSSION		
10.30 – 11.00 AM	TEA BREAK		
SESSION 14			
BEYOND PLAQUE BURDEN: INFLAMMATION, ADVANCED LIPID-LOWERING, AND IMAGING			
CHAIRPERSON: PREM AGGARWAL & JAMAL YUSAF			
11.00 – 11.20 AM	INFLAMMATION IN ASCVD: CLINICAL CONCEPTS AND MANAGEMENT	JABIR ABDULLAKUTTY	DHARMENDRA JAIN

SCIENTIFIC PROGRAM

TIME	TOPIC	SPEAKER	PANELISTS
11.20 – 11.50 PM	GENE AND GENOME-BASED LIPID AND CARDIOVASCULAR THERAPIES	P BARTON DUELL (USA)	V P SINHA
11.50 – 12.10 PM	FROM SILENT ATHEROSCLEROSIS TO OBSTRUCTIVE CAD: WHEN CAC SCORING IS ENOUGH AND WHEN TO PROCEED TO CCTA	RAVI KASLIWAL	ATUL ABHYANKAR
12.10 – 12.30 PM	DISCUSSION		
SESSION 15			
TARGETING TRIGLYCERIDE-RICH LIPOPROTEINS IN 2026: RESIDUAL CAD RISK AND THE EVOLVING ROLE OF ICOSAPENT ETHYL			
CHAIRPERSON: RASEED MUBARAK (SRILANKA) & M U RUBBANI			
12.30 – 12.50 PM	EFFECT OF NON-EXERCISE ACTIVITY THERMOGENESIS ON LIPIDS	JAYANT PANDA	VIJAY KUMAR
12.50 – 01.10 PM	ICOSAPENT ETHYL IN 2026: MECHANISMS, IMAGING DATA, AND GUIDELINE-DIRECTED USE FOR ATHEROTHROMBOTIC RISK REDUCTION	NATHAN D WONG (USA)	ALOK KUMAR SINGH
01.10 – 01.30 PM	DISCUSSION		
LUNCH: 01.30 – 02.15 PM			
SESSION 16			
INDIAN-SPECIFIC LDL THRESHOLDS			
CHAIRPERSON: KETAN MEHTA & H S REHAN			
02.15 – 02.30 PM	WHY INDIANS REQUIRE LOWER LDL-C TARGETS	A K PANDEY	HITESH SARAOGI
02.30 – 02.35 PM	DISCUSSION		

SCIENTIFIC PROGRAM

TIME	TOPIC	SPEAKER	PANELISTS
SESSION 17			
CHAIRPERSON: DEVKI NAIR PANELLISTS: P BARTON DUELL, RASEED MUBARAK, S S IYENGAR AND NATHAN D WONG			
02.35 – 03.30 PM	PAPER PRESENTATION – MAIN HALL		
SESSION 18			
CASE DISCUSSION (10+5)			
MODERATED BY K K PAREEK, S S IYENGAR. SADANAND SHETTY & GEEVER ZACHARIAH			
03.30 – 03.45 PM	DIABETIC DYSLIPIDEMIA	G B SATTUR	K S CHADHA
03.45 – 04.00 PM	LPA	ANIL BALACHANDRAN	MAYANK GUPTA
04.00 – 04.15 PM	FAMILIAL HYPERCHOLESTOLEMIA	PREETI GUPTA	SANJAY TANDON
04.15 – 04.30 PM	STATIN INTOLERANCE	S CHANDRASEKAR	MANISH AGARWAL
04.30 – 04.45 PM	HYPERTRIGLYCERIDEMIA	RAJA RAY	SHILPA KEDAM
QUIZ & PRIZE DISTRIBUTION			
04.45 – 05.15 PM	H S REHAN		RAMAN PURI
CLOSING CEREMONY			
05.15 – 05.25 PM	H S REHAN		
TEA BREAK: 05.25 ONWARDS			

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



+91-9871071919



@LIPIDAOI



LIPIDAOI



LIPID.NET.IN

REGISTRATION DETAILS

DELEGATE TYPE	EARLY BIRD (BEFORE JULY 15, 2025)	REGULAR (JULY 16, 2025 - AUGUST 31, 2025)	SPOT (SEPTEMBER 04, 2025 ONWARDS)
NATIONAL (NON-MEMBER)	INR 25,000.00	INR 30,000.00	INR 35,000.00
STUDENT (INDIAN NATIONAL)	INR 7,500.00	INR 7,500.00	INR 10,000.00
STUDENT (FOREIGNER)	INR 25,500.00	INR 30,500.00	INR 35,500.00
INTERNATIONAL (FOREIGNER)	INR 30,600.00	INR 35,600.00	INR 40,600.00
NON-DELEGATE (ACCOMPANING PERSON)	INR 15,000.00	INR 18,000.00	INR 20,000.00
INDUSTRY	INR 40,000.00	INR 45,000.00	INR 50,000.00
LAI MEMBER (HAMS)	INR 7,500.00	INR 7,500.00	INR 15,000.00
LAI STATE CHAPTER OFFICE BEARER	COMPLEMENTARY	COMPLEMENTARY	INR 15,000.00

All registration payments must be made in Indian Rupees (INR).

Registration Fee Includes:

- Lunch on September 06 and September 07
- Dinner on September 05 and September 06
- LAI Coffee Mug
- LAI T-Shirt
- Fee is inclusive of all Taxes

Registration Fee does not include:

- Hotel Accommodation and Travel

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL

REGISTRATION FORM

FIRST NAME	
LAST NAME	
MOBILE NUMBER	
EMAIL ADDRESS	
ADDRESS LINE 1 (RESIDENTIAL)	
ADDRESS LINE 2	
STATE, COUNTRY AND ZIP/PIN CODE	
MEDICAL COUNCIL REGISTRATION NUMBER (INDIANS ONLY)	
CENTRAL/STATE	
PAN CARD NUMBER (INDIANS ONLY)	

PAYMENT INFORMATION

Bank Details	
Name	Lipid Association of India
Account Number	10591131002140
Account Type	Current
Bank Name	PUNJAB NATIONAL BANK
IFSC Code	PUNB0014410
Branch	South Extension Part-I, New Delhi, India

Scan & Pay through any Bharat QR/UPI App  LIPID ASSOCIATION OF INDIA 0514410A0207852 1495791A 0514410A0207852.msb@pnib	 5459270007000319  6100050007000319  4599240007000319
--	---

All registration payments must be made in Indian Rupees (INR).



+91-9871071919



@LIPIDAOI



LIPIDAOI



LIPID.NET.IN