

LAI

Lipid Association
of India

LAICON INTERNATIONAL 2026

SEPTEMBER **2-3** 2026

RADISSON BLU HOTEL,
DWARKA, NEW DELHI

FOR MORE INFORMATION PLEASE CONTACT:
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ADVANCED LIPID CERTIFICATION COURSE

DAY 01 | SEPTEMBER 02, 2026

TIME	TOPIC	SPEAKER
08:30 AM - 09:00 AM	REGISTRATION	
09:00 AM - 09:20 AM	INTRODUCTION TO THE COURSE	DEVAKI NAIR
09:20 AM - 09:50 AM	EPIDEMIOLOGY OF CVD IN INDIA	RASHMI NANDA
09:50 AM - 10:20 AM	LIPOPROTEIN METABOLISM	NIMMI KANSAL
10:20 AM - 10:50 AM	BIOCHEMICAL INVESTIGATIONS IN HYPERLIPIDEMIA	DEVAKI NAIR
10:50 AM - 11:10 AM	COFFEE BREAK	
11:10 AM - 11:40 AM	FAMILIAL HYPERCHOLESTEROLEMIA	PREETI GUPTA
11:40 AM - 12:10 PM	BIOCHEMISTRY AND GENETICS OF TRIGLYCERIDE	BINITA GOSWAMI
12:10 PM - 12:40 PM	HDL GENETICS AND METABOLISM	S K GUPTA
12:40 PM - 01:20 PM	LIPOPROTEIN (A)	RAMAN PURI
01:20 PM - 01:50 PM	RARE LIPID DISORDERS	MADHUR YADAV
01:50 PM - 02:30 PM	LUNCH	
02:30 PM - 03:00 PM	MAJOR & HIGH-RISK ASCVD RISK FACTORS	S S IYENGAR
03:00 PM - 03:30 PM	RISK MODIFIERS FOR ASCVD	VINOD MITTAL
03:30 PM - 03:50 PM	LDL LOWERING - CLINICAL TRIALS	VIMAL MEHTA

KEEP YOUR BLOOD LDL CHOLESTEROL AROUND 70 MG/DL



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ADVANCED LIPID CERTIFICATION COURSE

DAY 01 | SEPTEMBER 02, 2026

TIME	TOPIC	SPEAKER
03:50 PM – 04:10 PM	APO B AND NON-HDL CHOLESTEROL	SUKANYA GANGOPADHYAY
04:10 PM – 04:30 PM	LAI GUIDELINES FOR CVD PREVENTION	RAMAN PURI
04:30 PM - 04:50 PM	INTERNATIONAL LIPID GUIDELINES	ARUN NAIR (UK)
04:50 PM – 05:20 PM	COFFEE BREAK	
05:20 PM – 05:45 PM	LIFESTYLE AND DIET IN CVD PREVENTION	CHARANJIT SINGH
05:45 PM – 06:10 PM	STATIN INTOLERANCE	ARUN NAIR
06:10 PM – 06:35 PM	MANAGEMENT OF DIABETIC DYSLIPIDEMIA	S K WANGNOO
06:35 PM – 07:00 PM	CKD AND LIPIDS	VIMAL MEHTA
7:30 PM ONWARDS	DINNER	

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DAY 02 | SEPTEMBER 03, 2026

TIME	TOPIC	SPEAKER
09:00 AM - 09:25 AM	IMAGING IN ASSESSMENT OF CARDIOVASCULAR RISK	MANISH BANSAL
09:25 AM - 9:50 AM	MASLD AND DYSLIPIDEMIA	SANJAY JAIN
09:50 AM - 10:15 AM	PAD AND DYSLIPIDEMIA	NITHYA ABRAHAM
10:15 AM - 10:45 AM	PREGNANCY AND DYSLIPIDEMIA	DEVAKI NAIR
10:45 AM - 11:15 PM	BREAK	
11:15 AM - 11:40 PM	MANAGEMENT OF DYSLIPIDEMIA IN OBESITY AND METABOLIC SYNDROME	VINOD MITTAL
11:40 AM - 12:05 PM	STROKE AND LIPIDS	RASHIDA PATANWALA
12:05 AM - 12:30 PM	HYPERTENSION AND DYSLIPIDEMIA	S N NARASINGAN
12:30 AM - 01:00 PM	LAI ASCVD RISK CALCULATOR FOR ASCVD RISK STRATIFICATION IN	RAMAN PURI
01:00 PM - 02:00 PM	LUNCH	

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ADVANCED LIPID CERTIFICATION COURSE

DAY 02 | SEPTEMBER 03, 2026

TIME	TOPIC	SPEAKER
02:00 PM – 04:00 PM	PEER TEACHING / WORKSHOP (INTERACTIVE SESSION) *	WORKSHOP LEADS
04:00 PM - 05:20 PM	LIVE LIPID CLINIC (INTERACTIVE SESSION) **	PANELIST: - MODERATOR: - DEVAKI NAIR / RAMAN PURI
05:20 PM - 06:30 PM	QUIZ: FIRST PRIZE: 25,000 SECOND PRIZE: 20,000 THIRD PRIZE: 15,000	MADHUR YADAV
06:00 PM – 06:30 PM	POST COURSE EXAMINATION	DEVAKI NAIR
06.30 ONWARDS	CLOSING CEREMONY WITH PRIZE DISTRIBUTION	RASHMI

INTERACTIVE SESSIONS

PEER TEACHING (2 HOURS) ALL STUDENTS WILL ATTEND ALL SESSIONS IN SMALL GROUPS*

ALL CASE-BASED

- **STATIN INTOLERANCE:** DR ARUN NAIR / DR RASHIDA PATANWALA MELINKERI
- **PREGNANCY AND DYSLIPIDEMIA:** DR DEVAKI NAIR / DR RASHMI NANDA
- **FAMILIAL HYPERCHOLESTEROLEMIA:** DR S S IYENGAR / DR ARUN NAIR
- **DIABETES AND LIPIDS:** DR S N NARASINGAN / DR NITHYA ABRAHAM
- **ASCVD AND LIPIDS:** DR RAMAN PURI / DR MADHUR YADAV

LIVE LIPID CLINIC (DEVAKI NAIR AND RAMAN PURI)

- **SIMULATED PATIENT**
- **TAKING A HISTORY**
- **RESULTS**

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