

LAI National Conference

7th to 8th March 2026 at Hyderabad

Scientific Programme

7th March 2026, Day-1

TIME	TOPIC	SPEAKERS	PANELLISTS
SESSION 1 (10:00 am TO 10:30 am)			
10:00 – 10:10 am	Inauguration	S S Iyengar	
10:10 – 10:20 am	Keynote Address	S N Narasingan	
10:20 – 10:30 am	LAI Achievements	Sadanand Shetty	
SESSION 2 (10:30 am TO 12:15 pm)			
Understanding Residual Cardiovascular Risk in Indians: Genetics, Lipoproteins, and Risk Modifiers			
Chairpersons: Sadanand Shetty & Krishnam Raju			
10:30 – 10:40 am	CAD Indian Scenario	Rashmi	G B Sattur
10:40 – 10:55 am	Diagnosing Genetic Dyslipidemia: Are they common?	S S Iyengar	Devaki Nair
10:55 – 11:10 am	Concept of risk modifiers and ASCVD	Aditya Kapoor	S S Iyengar
11:10 – 11:25 am	From Remnants to Plaque: How Triglycerides Fuel Atherosclerosis	Soumitra Kumar	Rajeev Agarwal
11:25 – 11:40 am	HDL-C in CAD Prevention: Dead Horse or Sleeping Giant?	D Prabhakar	Suryaprakash Rao
11:40 – 11:55 am	Options Unmasking Lipoprotein(a): The Overlooked Contributor to Cardiovascular Residual Risk	Nathan D Wong	P C Manoria
11:55 – 12:15 pm	Discussion		
12:15 – 12:35 pm	Tea Break		
Session 3 (12:35 pm TO 1:35 pm), PATHOGENESIS			
Chairpersons: Dayasagar Rao & S N Narasingan			
12:35 – 12:50 pm	From Plaque-to-Plaque Rupture: The Central Role of Inflammation in CAD	Nagaraj Desai	Barton P Duell
12:50 – 01:05 pm	Unmasking the Threat: Subclinical Atherosclerosis as a Predictor of Future Cardiovascular Events.	Ravi Kasliwal	Meeraji Rao
01:05 – 01:20 pm	Relevance of Coronary Calcium Score in Indian Population: Do Western Thresholds Apply?	Rajeev Agarwal	Rajendra Kumar Jain
01:20 – 01:35 pm	Discussion		
01:35 – 02:00 pm	LUNCH BREAK		
Session 4 (02:00 pm TO 03:30 pm)			
Contemporary Lipid-Lowering Therapies: Evidence, Innovation, and Clinical Decision-Making			
Chairpersons: Sadanand Shetty & Sai Satish			
02:00 – 02:15 pm	The Nocebo Effect and Statin-Associated Muscle Symptoms: Strategies for Diagnosis and treatment	Mukesh Rao	Shantanu Sengupta

02: – 02:30 pm	Short review on newer oral lipid lowering drugs	Srinivas Ramaka	Sai Satish
02:30 – 02:45 pm	Managing lipids in the Era of PCSK9 inhibition SiRNA	Dayasagar Rao	G Ramesh
02:45 – 03:00 pm	Do All CVD Patients Need Icosapent Ethyl? Evidence-Based Answers	Dilip Gude	Haider Khan
02:00 – 02:15 pm	Future Targets: ANGPTL3, FGF21, and the Next Wave of TG-Lowering Agents	P C Manoria	C B Patil
03:15 – 03:40 pm	Discussion		
SESSION 5 (03:30 PM TO 04:35 PM) Dyslipidaemia In Special Situations			
Chairpersons: Barton P Duell & Vimal Mehta			
03:40 – 03:55 pm	Lipid Management in Pregnancy: Balancing Risks and Safety	Devaki Nair	Nagraj Desai
03:55 – 04:10 pm	Lipids in children “When and How to Monitor”	Pankaj Jariwala	KMK Reddy
04:10 – 04:20 pm	Discussion		
04:20 – 04:35 pm	Tea Break		
SESSION 6 (04:35 PM TO 05:20 PM) Session on Lipoprotein Apheresis LAI Future Plans / studies			
Chairpersons: Sashikanth & C B Patil			
04:35 – 04:50 pm	Lipoprotein Apheresis: A Review of Clinical Outcomes and Future Perspectives	Barton P Duell	Dayasagar Rao
04:50 – 05:05 pm	Why We Need Lipoprotein Apheresis Centers in India—	S. S. Iyengar	Anjith Vupputuri
05:05 – 05:20 pm	Discussion		
SESSION 7 (05:20 PM TO 7:15 PM) What is new from LAI			
Chairpersons: S S Iyengar & Barton P Duell			
05:20 – 05:30 pm	LAI Efficacy trial	Anjith Vupputuri	D Prabhakar
05:30 – 05:40 pm	LAI Early ACS trial	Vimal Mehta	Rajeev Garg
05:40 – 05:50 pm	LAI- LCARE study	Navdeep S Sidhu	Amit Munjal
05:50 – 06:00 pm	LAI PRECAD Study	Geever Zachariah	Aziz Khan

06:00 – 06:10 pm	LAI APRICOT Study	Vitull Gupta	A K Pandey
06:10 – 06:20 pm	LAI SARRAL Study	Shilpa Kadam	Swetha Sree Ravi
06:20 – 06:50 pm	Discussion		
06:50 – 07:15 pm	Guest lecture		
	Quantifying Coronary Plaque: Can Imaging Reveal Risk Beyond Lumen Narrowing?"		
	Nathan D Wong		
07.15 pm Onwards	DINNER		

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8th March 2026, Day-2

Case-Based Discussion: Four Cases (10 mins each)			
Managing Complex Dyslipidemias: From Statin Intolerance to Lipoprotein(a)			
SESSION 1 (10:00 am to 11:00 am)			
Chairpersons: Sadanand Shetty & P C Rath			
10:00 – 10:10 am	Statin Intolerance	D Prabhakar	P. L. N. Kapardhi
10:10 – 10:20 am	Familial Hypercholesterolemia	Devaki Nair	Vasanth Kumar
10:20 – 10:30 am	Hypertriglyceridemia	Barton P Duell	Sai Kumar
10:30 – 11:40 am	Lipoprotein(a): The Hidden Cardiovascular Risk Beyond LDL-C	P. L. N. Kapardhi	Hygriv Rao
10:40 – 11:00 am	Discussion		

SESSION 2 (11.00 am TO 01:50 pm)
Key Updates from LAI Expert Recommendations:

Chairpersons: Surya Prakash Rao & Shashi Kanth

11:00 – 11:15 am	Why Do We Need Indian-Specific Lipid Guidelines?	Raman Puri	MSS Mukherjee
11:15 – 11:30 am	Managing Dyslipidemia in Diabetes: An Integrated Approach	S N Narasingan	Surya Prakash Rao
11:30 – 11:45 am	Dyslipidemia Management in Acute Coronary Syndrome: Divergences Between Indian and European Recommendations	Vimal Mehta	Shashi Kanth
11:45 – 12:00 pm	Lifestyle Intervention: The First Pillar of Dyslipidemia Management	Charanjit Singh	MS Aditya
12:00 – 12:15 pm	Dyslipidemia in Chronic Kidney Disease: Challenges and Strategies	Dev Dutt Chaffekar	Vimal Mehta
12:15 – 12:30 pm	Statins and Heart Failure	D Prabhakar	Niraj Lodha
12:30 – 01:00 pm	Discussion		

Session 3 (01:00 To 1:25 PM)
BHARAT-RISK

Chairpersons: Nathan D Wong & Barton P Duell

01:00 – 01:25 pm	LAI ASCVD Risk calculator	Raman Puri	
01:25 – 02:00 pm	Lunch Break		

Session 4 (02:00 To 02:45 pm)
Beyond LDL-C: Is It Time to Shift the Primary Lipid Target?

Chairpersons: MS Aditya & MSS Mukherjee

02:00 – 02:30 pm (10 min each)	LDL-C	Akshaya Pradhan	Dayasagar Rao
	Non-HDL-C	S N Narasingan	Sadanand Shetty
	ApoB:	S S iyengar	Nagraj Desai
	Which Is the Best Primary Target?		
02:30 – 02: 45	Discussion		

Session 5 (02:45 – 05:15 pm)
Contemporary Controversies and Emerging Challenges in Lipidology

Chairpersons: Sadanand Shetty & Vasanth Kumar

2:45 – 03:00 pm	REDUCE IT Trial Pros and Con	K H Srinivas	Dilip Gude
03:00 – 03:15pm	Management of Dyslipidemia in Obesity and Metabolic Syndrome	Vinod Mittal	Tanuj Bhatia
03:15 – 03:30 pm	Statins in MASLD	Dharmendra Jain	Barton P Duell
03:30 – 03:45 pm	Air Pollution	Aziz Khan	Diganta Buragohain
03:45 – 04:00 pm	Rare lipid disorders	Madhur Yadav	Srinivas Ramaka
04:00 – 04:25 pm	Discussion		
	Session 6 (04:25 – 05:15 pm) Quiz & Closing Ceremony		
04:25 – 05:05 pm	Quiz First Prize: 15,000 Second Prize: 10,000 Third Prize: 5,000	Raman Puri	
05.05 – 05.15 pm	Closing Ceremony	Sadanand Shetty	
05:15 pm	Tea Break		